NEW YORK STATE | Office of Mental Health

BEEF MEATLOAF 608

03/28/2019

Nutrition Facts

Serving Size 3 oz (85g)
Servings Per Container sold by the pound

Amount Per Serving	
Calories 140	Calories from Fat 60
	% Daily Value*
Total Fat 7g	**11**%
Saturated Fat 3g	**15**%
Trans Fat 0.5g	
Cholesterol 40mg	**14**%
Sodium 135mg	**6**%
Total Carbohydrate 6g	**2**%
Dietary Fiber 0g	**1**%
Sugars 1g	
Protein 14g	

Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: BEEF GROUND 10% FAT, PATTY BINDER (Corn Flour, Wheat Flour, Dextrose, Salt, Spice Extractives), ONIONS, WATER, WORCESTERSHIRE SAUCE (Organic Vinegar, Organic Wheat-Free Tamari Soy Sauce [water, organic soybeans and salt], Organic Evaporated Cane Juice, Salt and Organic Spices), TOMATO KETCHUP (Tomato Concentrate From Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring), BLACK PEPPER, GARLIC POWDER, PARSLEY

ALLERGEN: Contains Soy, Wheat. Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish

Order Number: C179608